

DEVELOPMENTAL PLAYGROUP

For premature & high risk babies



A Developmental Playgroup for babies who were born premature or spent time in NICU/SCBU. This group is designed to be a safe space where parents and babies can come to share their journey and have some interaction that is controlled and safe, as most playgroups are not always appropriate for early babies.

PLAYGROUP SESSIONS

- Occupational Therapist Facilitated Group led by Elen Nathan
- Development Milestones Monitored
- Activities to promote Physical Skills, Social skills, Cognitive skills, Language skills
- Clean Safe Environment
- Play ideas for home
- Shared experience with other NICU Mums
- **Please ensure you and your baby are well**



CONTACT

ELEN NATHAN

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Email: elen.nathan.ot@gmail.com

Bookings essential as limited places available

PLAYGROUP VENUE:

First Friday of every month during term time

9.30am - 10.30am

The Playful Place

6 Ossian St

Port Ahuriri

Napier



This FREE service is available for all NICU/SCBU families.

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